

ROD BOLT STRETCH & TORQUE SPECS

Make	Rod Bolt Part No.	Stretch (inches)	ARP Lube (ft./lbs.)
ALFA ROMEO	126-6101	.0075 - .0080	45
AMC	112-6001	.0060 - .0065	40
	114-6001	.0060 - .0065	40
	114-6002	.0070 - .0075	50
	114-6004	.0060 - .0065	50
BMC/TRIUMPH	206-6001	.0065 - .0070	55
	206-6002	.0065 - .0070	35
	206-6003	.0065 - .0070	45
	206-6004	.0065 - .0070	45
	206-6005	.0065 - .0070	45
	206-6006	.0065 - .0070	55
	206-6007	.0045 - .0050	30
	206-6009	.0065 - .0070	32
	BMW	201-6102	.0065 - .0070
201-6103		.0075 - .0080	70
201-6104		.0065 - .0070	70
201-6201		.0070 - .0075	40
201-6301		.0080 - .0085	36
201-6302		.0080 - .0085	36
206-6008		.0055 - .0060	25
BUICK		123-6001	.0060 - .0065
	123-6002	.0065 - .0070	55
	124-6001	.0050 - .0055	45
	124-6002	.0040 - .0045	45
	124-6003	.0040 - .0045	45
	125-6001	.0055 - .0060	50
CADILLAC	135-6003	.0060 - .0065	50
CHEVY	131-6001	.0055 - .0060	45
	132-6001	.0055 - .0060	45
	132-6002	.0050 - .0055	30
	133-6001	.0060 - .0065	55
	133-6002	.0060 - .0065	45
	134-6001	.0055 - .0060	45
	134-6002	.0050 - .0055	55
	134-6003	.0055 - .0060	55
	134-6004	.0075 - .0080	75
	134-6005	.0060 - .0065	55
	134-6006	.0055 - .0060	40
	134-6027	.0060 - .0065	55
	134-6401	.0055 - .0060	45
	134-6402	.0050 - .0055	55
	134-6403	.0055 - .0060	55
	135-6001	.0060 - .0065	80
	135-6002	.0055 - .0060	55
	135-6401	.0060 - .0065	80
	135-6402	.0055 - .0060	55
	234-6301	.0065 - .0070	45
	234-6302	.0060 - .0065	45
	234-6401	.0065 - .0070	45
	234-6402	.0055 - .0060	55
	234-6403	.0065 - .0070	55
	235-6401	.0070 - .0075	85
235-6402	.0065 - .0070	55	
235-6403	.0070 - .0075	85	

Make	Rod Bolt Part No.	Stretch (inches)	ARP Lube (ft./lbs.)	
CHRYSLER	141-6001	.0060 - .0065	50	
	141-6401	.0060 - .0065	50	
	142-6001	.0055 - .0060	50	
	142-6002	.0060 - .0065	50	
	144-6001	.0060 - .0065	50	
	144-6401	.0060 - .0065	50	
	145-6001	.0070 - .0075	75	
	145-6002	.0060 - .0065	50	
	145-6402	.0060 - .0065	50	
	244-6401	.0070 - .0075	55	
	245-6402	.0070 - .0075	55	
	FORD	150-6004	.0060 - .0065	50
		150-6005	.0060 - .0065	50
		150-6404	.0060 - .0065	50
151-6001		.0060 - .0065	40	
151-6002		.0060 - .0065	40	
151-6003		.0050 - .0055	25	
151-6004		.0055 - .0060	25	
151-6005		.0045 - .0050	36	
152-6001		.0060 - .0065	50	
152-6002		.0060 - .0065	50	
153-6001		.0060 - .0065	35	
153-6002		.0060 - .0065	40	
154-6001		.0060 - .0065	50	
154-6002		.0060 - .0065	35	
154-6003		.0060 - .0065	50	
154-6004		.0050 - .0055	50	
154-6005		.0060 - .0065	50	
154-6006		.0060 - .0065	50	
154-6401		.0060 - .0065	50	
154-6402		.0060 - .0065	35	
154-6403		.0060 - .0065	50	
155-6001		.0060 - .0065	50	
155-6002		.0060 - .0065	50	
155-6003		.0060 - .0065	50	
200-6001		.0045 - .0050	60	
250-6404		.0070 - .0075	55	
251-6201		.0050 - .0055	25	
251-6202		.0060 - .0065	40	
251-6301	.0065 - .0070	45		
251-6402	.0065 - .0070	45		
254-6402	.0070 - .0075	30		
254-6403	.0070 - .0075	55		
255-6402	.0070 - .0075	55		
256-6301	.0065 - .0070	42		
HOLDEN	205-6001	.0055 - .0060	55	
	205-6002	.0055 - .0060	45	
HONDA/ACURA	208-6001	.0050 - .0055	26	
	208-6002	.0055 - .0060	45	
	208-6003	.0080 - .0085	50	
	208-6004	.0080 - .0085	37	
	208-6005	.0080 - .0085	26	
	208-6401	.0070 - .0075	50	
LANCIA	275-6001	.0075 - .0080	70	



800-826-3045

